





Waterless Pedicure Instructions

Additional Items to have:
2 hand towels
2 plastic grocery bags
Comfy Clothes and Comfy Chair
Snacks!!

Wet the hand towels with the **HOTTEST** water you can handle and ring out excess water (a great trick is to put in the microwave for 1-2 minutes so they are not too wet but nice and hot)
Apply step 1 to your feet especially the heel area. Then apply step 2 over it. Wrap towel around foot, place foot in plastic bag and tie closed, Repeat on other foot. Then sit back and relax for 20 minutes....remove bag and use wet towel to remove the product from your feet. Take step 3 and apply liberally all over your feet.
Hope you enjoyed your self care time!



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