

The Busy Woman's Survival Kit

- **A Blow Pop** - to encourage you to blow off frustrations.
- **A Snickers** - to remind you to laugh.
- **Starburst** - to give you a “burst” of energy when you need it most.
- **Kisses** - to remind you that you are loved.
- **100 Grand** - to let you know you are worth a fortune - so treat yourself well!



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