

# Fall is in the Air!

TIPS THAT YOU WOULD LOVE TO KNOW!



## SWITCH YOUR CLEANSER

As the temperatures inevitably start to dip (and eventually nosedive), the air will start to dry out and harsh wind can wreak havoc on skin. A gel cleanser is great in the summer for washing away sweat and busting up excess oil, but once cold weather hits, it's a good idea to switch to a moisture-rich formula. Mary Kay has the right formula for any skin type.

## WAKE UP YOUR SHOWER

Whether you're going back to school or work or simply can't bear the thought of bidding adieu to the lazy days of summer, a good wake-up call might be in order. Mary Kay's 2-in-1 Body Wash & Shave leaves skin feeling fresh, clean and smooth.



## GET A POST-SUMMER FACIAL

Chlorine water, salt water, sand, sweat, long nights spent drinking fruity cocktails – they all take their toll on your complexion no matter how diligent you were with cleansing, exfoliating and moisturizing. To get your face in top form for fall, we suggest getting a facial to transition your skin into a new season. TimeWise Microdermabrasion Set leaves skin feeling soft and smooth with ad radiant-healthy looking glow.



**Fall is a great time for a skin care check up:** *As a Beauty Consultant, I can look closely at what's going on with your complexion and devise a plan to combat any concerns standing in the way of a flawless face. You can take what you learn and put it into practice, not to mention get product recommendations best suited to your skin type.*

## OVERHAUL YOUR MAKEUP BAG

It's time to turn your makeup bag upside down and take stock of what you want to keep – and what should be tossed. The start of a new season is a great time to overhaul your cosmetics bag and make sure anything expired or that you no longer use is replaced. While you're at it, do a thorough cleaning of all your makeup brushes with a Mary Kay's new Brush Cleaner. This fast-drying cleaner eliminates makeup residue from brushes to provide proper hygiene. Brushes feel new and perform like new again.



## HYDRATE INSIDE AND OUT

It's so much easier to stay hydrated in the summer – you're hot so you feel thirsty faster, not to mention feeling the need to cool off with an icy drink. But sipping regularly through the fall is important for good health and energy – and for smooth, supple skin. Trade coffee and cocktails (at least some of them) for herbal tea and water with a twist of citrus. Now is also a good time to look into a heavier moisturizer if your skin tends to be dry. Look for something that soaks in but provides skin with a layer of nourishing moisture when the colder temperatures arrive. Mary Kay offers a wide variety of moisturizers for all skin types, from sensitive to extremely dry. Even oily and acne-prone skin requires hydration to stay healthy-looking.